

Lunch Menu

week one

M

main meal

thai green chicken
curry served with
steamed rice

vegetarian meal

sweet potato falafel
served with roasted
vegetables cous
cous and mint raita

dessert

syrup sponge
served with custard

T

main meal

beef & potato pie
served with a rough
crust top

vegetarian meal

savoury herb scone
served with three
bean ratatouille

dessert

fruit shortbread
served with custard

W

main meal

roast lamb
served with red onion
gravy & roast potatoes

vegetarian meal

vegetable lasagne
served with garlic
dough balls

dessert

chocolate pudding
served with vanilla
sauce

T

main meal

chicken, basil & garlic
patties served with
tabbouleh & greek
salad

vegetarian meal

chickpea & spinach
curry served with
steamed rice

dessert

rice pudding

F

main meal

breaded fish
served with tartare
sauce, chips & peas

vegetarian meal

homemade cheese
pasty served with
peas and mashed
potatoes

dessert

fruit salad
served with cream

a selection of seasonal fresh vegetables are also available daily.

Lunch Menu

week two

M

main meal

chicken, leek & dijon mustard pie served with baby jackets

vegetarian meal

mushroom & parmesan carbonara served with mixed leaf salad

dessert

apple crumble served with custard

T

main meal

rustic chilli served with a baked jacket potato

vegetarian meal

three bean & vegetable cassoulet served with crusty bread

dessert

peach pie served with vanilla sauce

W

main meal

jerk chicken served with sweet potato mash & sweetcorn salsa

vegetarian meal

spinach & ricotta enchilada served with roast pepper salsa

dessert

eves pudding served with cream

T

main meal

spaghetti bolognaise served with garlic bread & mixed salad

vegetarian meal

feta cheese, tomato & spinach parcel

dessert

steamed fruit sponge served with custard

F

main meal

fish goujons served with cajun mayonnaise, chips & peas

vegetarian meal

baked stuffed peppers served with brown rice, feta cheese and pulses

dessert

jam & coconut tart served with custard

a selection of seasonal fresh vegetables are also available daily.

Lunch Menu

week three

M

main meal

caribbean inspired
shepherd's pie

vegetarian meal

twisted macaroni
cheese

dessert

fruit salad
served with cream

T

main meal

tuna & sweetcorn
fishcake served with
cajun dipping sauce

vegetarian meal

roasted vegetable
calzone served with
mixed leaf salad

dessert

mixed fruit sponge
served with custard

W

main meal

pot roasted beef
brisket served with
rich roasted vegetable
gravy & mashed
potato

vegetarian meal

goats cheese, leek
& tomato tart served
with potato salad

dessert

creamy rice pudding
served with jam
sauce

T

main meal

chicken in black bean
sauce served with
noodles & stir fried
vegetables

vegetarian meal

vegetable pancakes
served with baby jackets

dessert

apple strudel
served with custard

F

main meal

breaded fish
served with garlic
mayonnaise, chips
& peas

vegetarian meal

italian frittata
served with salad
leaves & a handful of
chips

dessert

banana cake
served with toffee
sauce

a selection of seasonal fresh vegetables are also available daily.