

Key Stage 3 Overview: PE Year 9

	Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
Year 9	<p>Outwitting Opponents Context: Pupils will be assessed each module using a 'core task' for each activity they study. Pupils should be encouraged to develop their advanced skills, tactics and strategies at Year 9. Criteria for success will focus on the following key aims of the Curriculum for PE:</p> <ul style="list-style-type: none"> - Sporting competence and technique - Tactical awareness and use of strategy - Evaluation and improvement of performance <p>Skills: Basketball Core skills to be acquired-</p> <ul style="list-style-type: none"> • Pull-up jump shot • 3-point shot • Reverse lay-up • Fade away jump shot • Step-back jump shot • Drawing a foul/contact • Blocking an offensive shot • No-look pass <p>Core strategies tactics to be acquired-</p> <ul style="list-style-type: none"> • Screen and roll in 2 on 2 situations. • Pick and pop when the painted area is crowded • Off the ball screens 	<p>Outwitting Opponents Context: Pupils will be assessed each module using a 'core task' for each activity they study. Pupils should be encouraged to develop their advanced skills, tactics and strategies at Year 9. 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Criteria for success will focus on the following key aims of the Curriculum for PE:</p> <ul style="list-style-type: none"> - Sporting competence and technique - Tactical awareness and use of strategy - Evaluation and improvement of performance <p>Skills: Handball Core skills to be acquired-</p> <ul style="list-style-type: none"> • Variation of Passes • Fake pass • Dribbling to outwit and opponent • Shooting (Diving shot & jumping shot) • Holding space • Fast break strategy • Positioned players (Goal keeper, Right and left Half, left and right Wing, Centre back, and Line player) • Dodging (feint and roll away dodge) • Defensive marking (man on man) <p>Core strategies tactics to be acquired-</p> <ul style="list-style-type: none"> • Attack • Receive one hand • Receive and turn in the air • Feint dodging 	<p>Health related exercise Context: Pupils will be assessed each module using a 'core task' for each activity they study. 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Criteria for success will focus on the following key aims of the Curriculum for PE:</p> <ul style="list-style-type: none"> - Sporting competence and technique - Tactical awareness and use of strategy - Evaluation and improvement of performance <p>Skills: Athletics Core skills to be acquired</p> <ul style="list-style-type: none"> • 800m • Discus (1.25kg) • Javelin (600g) • 200m • Hurdles • High Jump • Triple Jump • 300m 	<p>Performing at maximum levels Context: Pupils will be assessed each module using a 'core task' for each activity they study. Pupils should be encouraged to develop their advanced skills, tactics and strategies at Year 9. 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	<ul style="list-style-type: none"> • Driving to the basket and kicking to an open player. • Setting a defensive position for a charging foul. • Defending when outnumbered. 	<ul style="list-style-type: none"> • Creating space and switching play to stretch defence • Supporting ball with range of options and runs (Ahead, level and behind the ball) • Combination plays under pressure (one twos) • Creating and implementing overload • 	<ul style="list-style-type: none"> • Roll away dodging • Defending (Man on man) • Zonal defending • Team defending 			
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