

## Key Stage 3 Overview: PE Year 8

	Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
Year 8	<p>Outwitting Opponents <b>Context:</b> Pupils will be assessed each module using a 'core task' for each activity they study. Pupils should be encouraged to develop their <b>moderate skills</b>, tactics and strategies at Year 8. Criteria for success will focus on the following key aims of the Curriculum for PE:</p> <ul style="list-style-type: none"> <li>- <b>Sporting competence and technique</b></li> <li>- <b>Tactical awareness and use of strategy</b></li> <li>- <b>Evaluation and improvement of performance</b></li> </ul> <p><b>Skills: Basketball</b> <b>Core skills to be acquired-</b></p> <ul style="list-style-type: none"> <li>• Javelin pass</li> <li>• One on two defending</li> <li>• Post-up play</li> <li>• Setting a screen</li> <li>• Weak hand lay-up</li> <li>• Weak hand dribble</li> </ul> <p><b>Core strategies tactics to be acquired-</b></p> <ul style="list-style-type: none"> <li>• Fast break</li> <li>• Screen and roll in 2 on 1 situations.</li> <li>• On the ball screens</li> <li>• Driving to the basket for a lay-up.</li> <li>• Moving wide to create an open lane.</li> <li>• Playing the passing lanes on defence.</li> </ul>	<p>Outwitting Opponents <b>Context:</b> Pupils will be assessed each module using a 'core task' for each activity they study. 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This also sets up a volley.</li> </ul>	<p>Performing at maximum levels &amp; Net wall activities <b>Context:</b> Pupils will be assessed each module using a 'core task' for each activity they study. Pupils should be encouraged to develop their <b>moderate skills</b>, tactics and strategies at Year 8. 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	<p><b>Skills: Tag-Rugby</b> <b>Core skills to be acquired-</b></p> <ul style="list-style-type: none"> <li>• Passing and receiving</li> <li>• Lateral pass,</li> <li>• Pop pass</li> <li>• Spin pass</li> <li>• Dodging , side-stepping</li> <li>• Draw and dummy</li> </ul> <p><b>Core strategies tactics to be acquired-</b></p> <ul style="list-style-type: none"> <li>• defensive/attacking strategies</li> <li>• Creation of space</li> </ul>	<p><b>Skills: Tag-Rugby</b> <b>Core skills to be acquired-</b></p> <ul style="list-style-type: none"> <li>• Passing and receiving</li> <li>• Lateral pass,</li> <li>• Pop pass</li> <li>• Spin pass</li> <li>• Dodging , side-stepping</li> <li>• Draw and dummy</li> </ul> <p><b>Core strategies tactics to be acquired-</b></p> <ul style="list-style-type: none"> <li>• defensive/attacking strategies</li> <li>• Creation of space</li> <li>• Alignment defence (flat) / attack ( diagonal)</li> </ul>	<ul style="list-style-type: none"> <li>• Set Play from the goal keepers end</li> </ul> <p>Defending</p> <ul style="list-style-type: none"> <li>• Blocking/Tackling (with contact)</li> <li>• Goal keeping tactics (low &amp; high shots)</li> </ul>	<ul style="list-style-type: none"> <li>• Set Play from the goal keepers end</li> </ul> <p>Defending</p> <ul style="list-style-type: none"> <li>• Blocking/Tackling (with contact)</li> <li>• Goal keeping tactics (low &amp; high shots)</li> </ul>	<ul style="list-style-type: none"> <li>• Playing a deep backhand into space maintaining a rally and preventing your opponent from attacking again.</li> <li>• Playing a volley when an opponent is pushed to the back of the court. Aiming for width making use of the open court.</li> <li>• Playing a serve using the correct grip technique. Showing signs of directional serving</li> </ul> <p>Advanced - Deciding to serve to their opponent's backhand.</p>	<ul style="list-style-type: none"> <li>• Playing a deep backhand into space maintaining a rally and preventing your opponent from attacking again.</li> <li>• Playing a volley when an opponent is pushed to the back of the court. Aiming for width making use of the open court.</li> <li>• Playing a serve using the correct grip technique. Showing signs of directional serving</li> </ul> <p>Advanced - Deciding to serve to their opponent's backhand.</p>
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